

The Body Mirror System of Healing

Your body is a mirror of your life. The parts of your body that do not work well reflect the parts of your life that do not work well.

When there is tension in a particular part of your body, it reflects tension in a particular part of your consciousness about a particular part of your life.

When the tension about that part of your life can be released from your consciousness, it can then be released from that part your body.

Your body and your consciousness, and that part of your life, are then able to return to their natural state of harmony. You return to the way of being that works best for you.

The Body Mirror System is a set of tools, and a technology which explores the relationships between your body, your consciousness, and your life, for the purpose of restoring harmony (healing) when things have gone out of balance, and for the purpose of understanding yourself and the nature of your Being.

The deepest part of who you are is consciousness. Consciousness is energy.

You are a Being of energy, as are we all.

Energy flows through your Being and is directed by your thoughts, your feelings, and your wishes.

When you block the flow of this energy through reactions to what is happening around you, in your environment, through holding stress, and you do that with sufficient intensity, the results are illness, injury, and some kind of symptom.

We can say, then, that all illness, all injury, is the result of blocked energy. Since you direct energy (consciousness) with your

thoughts, you have the ability to unblock the energy wherever it has been blocked, in yourself or in others. When you do that, the result is a return to the experience of wholeness, and the healing happens.

If you experience illness, injury or dis-ease, you have not been living in accordance with who you really are.

A Healing is a personal process of change and spiritual growth. If you let go of the way of being that created a particular symptom, you'll return to a way of Being that works best for you, that will lead to harmony, well-being and optimal functioning.

It's not a question of becoming someone else. You are becoming more who you really are.

We believe that anything can be healed. It's just a question of knowing how. The Body Mirror System is a technology exploring how the healing can happen.

The Body Mirror System is a synthesis of western psychology and eastern philosophies. It was developed by Martin Brofman Ph.D., a former Wall Street computer expert and student of psychology and comparative religion, through his experiences of releasing himself of a terminal illness which traditional medicine had considered hopeless - untreatable - and returning to perfect health.

Now, The Body Mirror System is being taught to doctors, nurses, thrapists, students, businessmen, housewives - people from all walks of life - who are using these ideas to understand themselves better, and to help themselves, as well as those around them. The ideas are so simple that they are even being taught to children.

The Body Mirror System is a Chakra Technology

The chakras are energy centers. Each one represents a specific portion of your consciousness, and a particular part of your body.

When something is out of balance in the body, and therefore in the consciousness, this condition is relected in the chakras. Returning to the experience of wholeness (healing) happens through understanding and using the proper tools to re-balance the chakras and releasing limiting ideas that inhibit this process. It is then possible to again experience ourselves as we really are, doing what works best for us.

There is no symptom, no illness that someone, somewhere, has not been healed of. What one person can do, any person can do. We believe that anything can be healed.

Healing is an expression of love, a spiritual service we can offer to others, and ourselves.

The Body Mirror System is offered worldwide as either a weekend program or a four day residential Healing Intensive, teaching participants how to use the tools of consciousness which have always been available to them, and how to understand the language of consciousness that deep inside, they have always known.

Within the experience, the participants have a chance to see the results of putting these philosophies into action, and whitnessing effects that some call miraculous, only because they do not fully understand the principles involved.



**At the completion of the experience,
you will be able to:**

-  Understand and experience yourself as a Being of energy
-  Feel and direct energy, and see energy (auras, chakras, thought forms)
-  Understand the relationship between your body and your consciousness.
-  Understand how symptoms in the body reflect tensions in the consciousness.
-  Read the body as a map of the consciousness, understanding the inner causes to outer symptoms.
-  Understand the chakras and their associations with specific parts of the consciousness and specific parts of the body.
-  Use various tools designed for healing (White Light, colours, thought forms)

There isn't anything you can't do, just some things that you have not yet learned how to do.

This is an opportunity to go beyond your perceived limits, do things you thought were impossible, and recognize the unlimited nature of your Being.

For information about workshops in Denmark, please contact

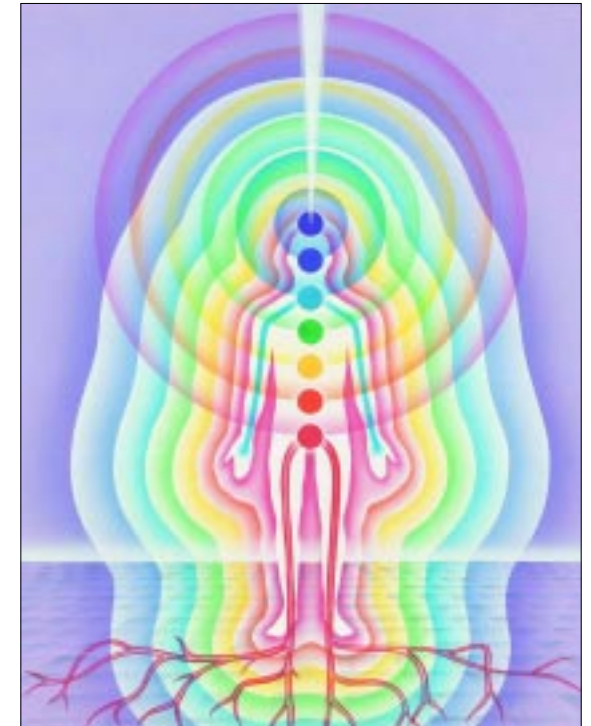
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of Healing and Self-Knowledge



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